

# MY GOALS

GOAL:

ACTION STEPS:

	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> </ol>
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WHY THIS IS IMPORTANT:

GOAL:

ACTION STEPS:

	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> </ol>
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WHY THIS IS IMPORTANT:

GOAL:

ACTION STEPS:

	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> </ol>
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WHY THIS IS IMPORTANT:

30 DAY CHALLENGES:

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

How did I do?



= Great



= OK



= Not So Good